

Irenaeus Newsletter



October '26

From the desk



In our oratory at Irenaeus we've just hung a picture of the Good Shepherd. It was painted by a Northumbrian artist and is the only one of its kind. When look at it I see the immense love and gentleness within the shepherd as he carries the sheep and keeps it safe. Our spirituality has to lead us more deeply into the power of the love God has for each of us. The kingdom is really only built by those who know the power of love and we're all called to be kingdom builders. If we can help you on your journey do get in touch

Chris.

WHAT'S ON AT A GLANCE

AGAPE MASS @ IRENAEUS

7pm 5th November & 3rd December '26

SONGS WE REMEMBER

2-4pm Wednesday 14th October & 21st October '26

EUCCHARISTIC MINISTER TRAINING

9.15am - 4pm 28th November '26

COME AND SEE

3rd October & 7th November '26

BE WOMEN OF COURAGE

(Women's weekend)

16th - 18th October '26

SCRIPTURE MORNINGS

'YOU EITHER GET IT OR YOU DON'T'

A look at the parables

4th, 11th, 18th & 25th November '26

DATES FOR YOUR DIARY

Advent day of prayer 10am - 4pm Saturday
12th December '26

Frank Sinatra Christmas sing-a-long 2pm
16th December '26

Men's Weekend 22nd - 24th January '27

Silent Retreat 12th - 14th February '27

Easter Retreat - 24th - 28th March '27

For regular events see the back page and for more information about all our events contact centreirenaeus@gmail.com

SCRIPTURE MORNINGS

"You either get it or you don't"

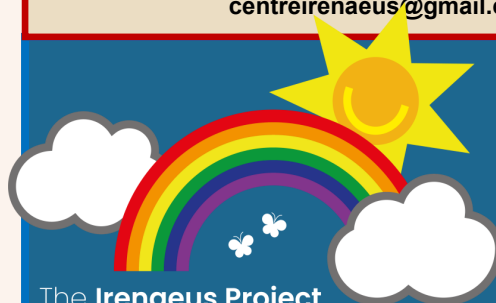
A look at the parables

10.30am - 12 noon

Wednesdays 4th, 11th,
18th & 25th November 2026

At the Irenaeus Centre
Waterloo L22 1RD

(Zoom links available from centreirenaeus@gmail.com)



The Irenaeus Project
the glory of God is a person fully alive

www.irenaeus.co.uk

32 Great Georges Road, Waterloo, Liverpool L22 1RD

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*Motira's
Meanderings*



Recently I have been thinking about what the Eucharist means to me in my life. I am involved in the Adoremus conference which is being held at the Cathedral on 10th October. There are lots of different prayer opportunities and workshops and I have been asked to lead a workshop on 'Become what you receive: Bread blessed and broken.' It's St. Augustine that used that statement about the Eucharist - 'Become what you receive.' This has challenged me to reflect on how I can be Eucharist for others, how can we live the Gospel. Jesus gave his life for us and on sharing the Eucharist he said this is my body, this is my blood, it is on receiving the Eucharist we become evermore one with Christ and are called to live the life of the Gospel.

"Augustine on the nature of the Sacrament of the Eucharist" (Sermon 272)

... if you want to understand the body of Christ, listen to the Apostle Paul speaking to the faithful: "You are the body of Christ, member for member." [1 Cor. 12.27] If you, therefore, are Christ's body and members, it is your own mystery that is placed on the Lord's table! It is your own mystery that you are receiving! You are saying "Amen" to what you are: your response is a personal signature, affirming your faith. When you hear "The body of Christ", you reply "Amen." Be a member of Christ's body, then, so that your "Amen" may ring true! But what role does the bread play? We have no theory of our own to propose here; listen, instead, to what Paul says about this sacrament: "The bread is one, and we, though many, are one body." [1 Cor. 10.17] Understand and rejoice: unity, truth, faithfulness, love. "One bread," he says. What is this one bread? Is it not the "one body," formed from many? Remember: bread doesn't come from a single grain, but from many. When you received exorcism, you were "ground." When you were baptized, you were "leavened." When you received the fire of the Holy Spirit, you were "baked." Be what you see; receive what you are. This is what Paul is saying about the bread.

COME AND SEE

Reflecting on the Church in our times

3RD OCTOBER '26

10:30am - 4pm

Key note speaker

Mary Hardiman



7th November '26

10:30am - 4pm

Reflecting on the church since Vatican II

Fr Eamonn Mulcahy cssp

Suggested donation £10

Bring a packed lunch

For more information

email centreirenaeus@gmail.com

or tel: 0151 949 1199

EUCCHARISTIC MINISTRY TRAINING DAYS

We will be leading our next Eucharistic Ministry

Training Day 9:15am - 4pm at Irenaeus on

SATURDAY 28TH NOVEMBER 2026

Parishes are invited to book places £15 a head to be paid in advance.

Book a place by emailing

centreirenaeus@gmail.com



BE WOMEN OF COURAGE

A women's weekend of sharing and exploring the call of God in our lives



16th – 18th October 2026
The Irenaeus Centre L22 1RD

For more information contact
centreirenaeus@gmail.com



IRENAEUS ARE HERE TO HELP!



Are you planning
events in your parish

Have you considered a retreat
or parish mission?

Irenaeus can support your parish with:

- Scripture sessions
- Retreats
- Parish missions
- Dementia awareness sessions
- Eucharistic Ministry training
- Bereavement support

We can deliver these sessions either in your parish or here at Irenaeus. We'd be delighted to work with you to meet the needs of your community.

Don't hesitate to contact us on
centreirenaeus@gmail.com.

Richard Rohr says, when speaking of God's image: The true and essential work of all religion is to help us recognize the divine image in *everyone and every thing*. It is to mirror things correctly, deeply, and fully until all things know who they are. A mirror by its nature reflects impartially, equally, effortlessly, spontaneously, and endlessly. It does not produce the image, nor does it filter the image according to its perceptions or preferences. *Authentic mirroring can only call forth what is already there.*

We can enlarge this idea of mirroring to give us another way of understanding the Universal Christ. For example, there is a divine mirror that might be called the very "Mind of Christ." The Christ mirror fully knows and loves us from all eternity and reflects that image back to us. I cannot logically prove this to you, but I do know that people who live inside this resonance are both happy and healthy. Here's how the Franciscan mystic Bonaventure (c. 1217–1274) described this mirroring: "We can contemplate God not only outside us and within us but also above us: outside through his vestiges [creations], within through his image and above through the light which shines upon our minds, which is the light of Eternal Truth."



DEMENTIA AWARENESS SESSIONS

(Alzheimer's society)

Has your parish or group had a dementia
awareness session recently?

Irenaeus offers dementia awareness sessions for parishes and groups.

Each session lasts approximately one hour and is open to everyone of any age.

If your parish, school or group would like to arrange a session, please get in touch with Moira for more information.

Contact
moira@irenaeus.co.uk



The Irenaeus Centre and St Thomas' Oratory



WARM AND COSY!

CALL IN FOR A CUPPA AND A CHAT

KEEP WARM AND ENJOY THE COMPANY

We are open 10am - 4pm Monday - Thursday

Join us for Mass 12 Noon every Wednesday

OTHER ACTIVITIES

WOMEN'S WELLBEING
Monday 11am

PRAYER FOR HEALING
Mondays 2pm - 3pm

KNIT AND NATTER
Mondays & Tuesdays
10am - 12 noon

SCRIPTURE SHARING
Tuesdays 12 Noon

'SONGS WE REMEMBER'
SING-A-LONG
2pm, 2nd and 4th
Wednesday of the month
(Dementia friendly)
Restarts in September

ART AND MEDITATION
Thursdays 2-4pm



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