



NOVENA FOR PILGRIMS OF LOURDES 2026

With St Bernadette

How to Pray This Novena

Each day includes

A Scripture verse

The Novena prayer for the day

A short refrain repeated together

OPENING PRAYER (EACH DAY)

O Mary, Immaculate Conception,
Lady of Lourdes,
you chose the lowly Grotto
to reveal the tenderness and mercy of God.

You led St Bernadette
into a profound encounter
that renewed her heart
and made her a pilgrim of hope.

Draw us, too, into that mystery of grace.
Lead us to your Son,
the source of healing, mercy, and new life.
Amen.

Refrain (all)

Mary, pilgrim with us, lead us to your Son

Wednesday 22nd July

CALLED TO THE GROTTO

Scripture

*“Before I formed you in the
womb I knew you.”
(Jeremiah 1:5)*

Our Lady of Lourdes,
you called Bernadette
by name
and invited her
to draw near.

Help us to recognise
God’s call
in the ordinariness
of daily life.
Open our hearts
to hear the Lord
who meets us
where we are.

Refrain

Thursday 23rd July

THE GIFT OF HUMILITY

Scripture

*“God gives grace to the
humble.” (James 4:6)*

Mary, gentle Mother,
teach us the humility
to stand truthfully
before God,
trusting in mercy rather
than strength.

May this pilgrimage
shape us in simplicity
and peace.

Refrain

Friday 24th July

STRENGTH IN SUFFERING

Scripture

*“The Lord is near to the
brokenhearted.” (Psalm
34:18)*

Mary, Mother of
compassion,
be close to all who suffer—
the sick, the weary,
the forgotten.

Teach us to accompany
one another
with tenderness
and patience.

Refrain

Saturday 25th July

CONVERSION OF HEART

Scripture

*“Create in me a clean heart,
O God.” (Psalm 51:10)*

Lady of Lourdes,
you called Bernadette to
prayer and conversion.

Renew our hearts
and lead us gently
back to the Lord,
trusting in the depths of
his forgiveness.

Refrain

Monday 27th July

**WALKING TOGETHER AS
CHURCH**

Scripture

*“Where two or three are
gathered in my name,
I am there.”
(Matthew 18:20)*

Our Lady of Lourdes,
you gather pilgrims from
every place and people.

Teach us to walk
together in faith,
supporting one another as
companions on the
journey.

Refrain

Wednesday 29th July

**SENT FORTH AS PILGRIMS
OF HOPE**

Scripture

*“Those who hope in the
Lord shall renew
their strength.”
(Isaiah 40:31)*

Lady of Lourdes,
as our pilgrimage
continues beyond
this place,
keep alive in us the grace
we have received.

With St Bernadette,
may we live renewed in
faith, hope, and love.

Refrain

Sunday 26th July

FAITH THAT ENDURES

Scripture

*“Blessed are those who have
not seen and yet believe.”
(John 20:29)*

Mary, model of faith,
strengthen us when belief
feels fragile
and answers seem distant.

Help us to trust
that God is always at work.

Refrain

Tuesday 28th July

WITNESSES OF MERCY

Scripture

*“Be merciful, just as your
Father is merciful.” (Luke
6:36)*

Mary, Mother of Mercy,
send us back
renewed in love
so that our lives
may proclaim
the compassion of God.

May our witness
inspire others
to turn to the Lord
in their need.

Refrain

Thursday 30th July

CLOSING PETITION

Our Lady of Lourdes,
pray for us.
St Bernadette,
pray for us.

May Almighty God
bless us,
† the Father, and the Son,
and the Holy Spirit.

Amen.

