

Irenaeus Newsletter



July/August '26 *From the desk*



I was sitting recently reflecting a little bit about my niece Cathy who died a year ago. She was only young, just 40 and died from a diabetic coma. Her love of life was infectious and my summers will be forever touched by her memory. Those memories although bittersweet have made me sit up straight. She taught me to love every moment and to love every person I meet. She taught me never to miss an opportunity to try and do good. She was no saint, she could be petulant and bad tempered at times. She always wanted more than she had but boy did she grab hold of life. So this summer grab the gift of the moment whether you be at home or away. Rejoice in the heat and in the the rain. Be thankful for the gifts you are given and live each moment

Chris.

WHAT'S ON AT A GLANCE

SUMMER JAMBOREE SING-A-LONG

With special guest Dave Ashley (aka. Frank Sinatra)

2pm - 4pm Wednesday 15th July '26

AGAPE MASS @ IRENAEUS

6th August & 3rd September '26

COME AND SEE

9th October '26

SONGS WE REMEMBER

We begin again after the summer break 2-4pm

Wednesday 9th September '26

ECHARISTIC MINISTER TRAINING

9.15am - 4pm 26th September '26

THERE IS NO WEDNESDAY MASS DURING THE MONTH OF AUGUST IT WILL RESUME IN SEPTEMBER.

BOOKINGS BEING TAKEN FOR WOMENS WEEKEND

16th - 18th OCTOBER '26 & MENS WEEKEND

More information to follow Residential and non-residential places available.

For regular events see the back page and for more information about all our events contact centreirenaeus@gmail.com

SUMMER JAMBOREE

DEMENTIA FRIENDLY

SING - A - LONG

and afternoon tea

With guest singer

Dave Ashley

2pm - 4pm 15th July '26

At the Irenaeus Centre

Great Georges Rd.

Waterloo L22 1RD



Book a place on centreirenaeus@gmail.com



The Irenaeus Project
the glory of God is a person fully alive

www.irenaeus.co.uk

32 Great Georges Road, Waterloo, Liverpool L22 1RD

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***Moira's
Meanderings***



We had a wonderful evening last Friday at our Charity Fashion Show. The meeting room was packed, creating a fantastic atmosphere, and everyone was excited to see what was on offer. We were delighted to raise over £900 during what proved to be a thoroughly enjoyable evening.

For me, the greatest success of events like this is the way they bring people together and help build our community. Many of those who attended had never visited the building since it became the Irenaeus Centre, and they were amazed by the wide range of activities and opportunities available. It was wonderful to welcome so many new faces and to showcase everything the Centre has to offer. As we move into another year we need to find different ways of raising funds, if you have any ideas come along and let us know.

SUMMER EVENINGS AT IRENAEUS

Tuesdays 7pm

23rd, 30th June,
7th & 14th July 2026

At the Irenaeus Centre,
Great Georges rd.
L22 1RD

Zoom link available
centreirenaeus@gmail.com

**PAUL,
AN APOSTLE
OF OUR TIME**

**Scripture sharing with
strawberries and cream.**

COME AND SEE

**Our next series will be
Reflecting on the
Church in our times**

10:30am - 4pm

**1st Saturday of the month
(unless otherwise advertised)**

Key note speakers will include

Donna Worthington

Eamonn Mulchay

Austen Ivereigh

Steve Murray

Richard Sloan

Michelle Moran

and many others

**Bring a
packed
lunch**

Suggested donation £10

For more information

email centreirenaeus@gmail.com

or tel: 0151 949 1199

EUCCHARISTIC MINISTRY TRAINING DAYS

We will be leading our next Eucharistic Ministry

Training Day at Irenaeus on

Saturday 26th September 2026

**Parishes are invited to book places £15 a head to be paid in
advance. Book a place by emailing**



A Planetary Pilgrim

Three great questions present themselves to those who travel and live upon this planet: 'Where do we come from?' 'Where am I going?' 'Why am I here?'



To seek a sacred answer to these questions is to be a planetary pilgrim. Such a person believes that all life came from the Divine Mystery and is forever on a spiralling journey back to that Sacred Source of creation. The earth, with her three movements of spinning on her axis at the same time as she circles the sun and also travels outward into space with the rest of the solar family, becomes a sacred sign of the threefold aspect of our personal pilgrimages.

The earth is a bearer of life only because of her unique and creative relationship with the sun. Without our daystar life would be impossible. So the yearly pilgrimage of the earth around this source of life becomes a sacrament celebrating our intimate relationship with the Divine Mystery. Our prayer are addressed to God, the Eternal Source from which we have come and the destination towards which we are moving.

Edward Hays

Women's Wellness Hub



LEARNING
&
SHARING

Relaxation methods

Healing/Joy



Affirmations

Meditation

Date... 14th September

Time... 11am. 2026

Irenaeus Project...

4 WEEK TASTER



IRENAEUS ARE HERE TO HELP!

Are you planning
events in your parish?

Have you considered a retreat or parish mission?

Irenaeus can support your parish with:

- Scripture sessions
- Retreats
- Parish missions
- Dementia awareness sessions
- Eucharistic Ministry training
- Bereavement support



We can deliver these sessions either in your parish or here at Irenaeus.

We'd be delighted to work with you to meet the needs of your community.

Don't hesitate to contact us on centreirenaeus@gmail.com.

DEMENTIA AWARENESS SESSIONS

(Alzheimer's society)

Has your parish or group had a
dementia awareness session recently?

Irenaeus offers dementia awareness
sessions for parishes and groups.

Each session lasts approximately one
hour and is open to everyone of any age.

If your parish or group would like to
arrange a session, please get in touch
with Moira for more information.

Contact moira@irenaeus.co.uk

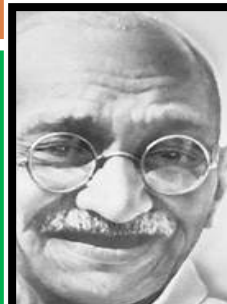


LLYSFARSI SPIRITUALITY WORKSHOP

A creative experiential journey

Loreto Spirituality Centre Llandudno

August 8th - 25th 2026 For more information contact
maryrosefitzsimmmons@btinternet.com



Be the change
you want
to see
in the world

-Mahatma Gandhi

The Irenaeus Centre and St Thomas' Oratory



WARM AND COSY!

CALL IN FOR A CUPPA AND A CHAT

KEEP WARM AND ENJOY THE COMPANY

We are open 10am - 4pm Monday - Thursday

Join us for Mass 12 Noon every Wednesday

No Wednesday Mass in August

OTHER ACTIVITIES

WOMEN'S WELLBEING
Monday 12 noon – 2pm

PRAYER FOR HEALING
Mondays 2pm - 3pm

KNIT AND NATTER
Mondays & Tuesdays
10am - 12 noon

SCRIPTURE SHARING
Tuesdays 12 Noon

COUNSELLING
Wednesdays 10am - 2pm

'SONGS WE REMEMBER'
SING-A-LONG
2pm, 2nd and 4th
Wednesday of the month
(Dementia friendly)
Restarts in September

ART AND MEDITATION
Thursdays 2-4pm



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