

Newsletter Extra

FEBRUARY 2026



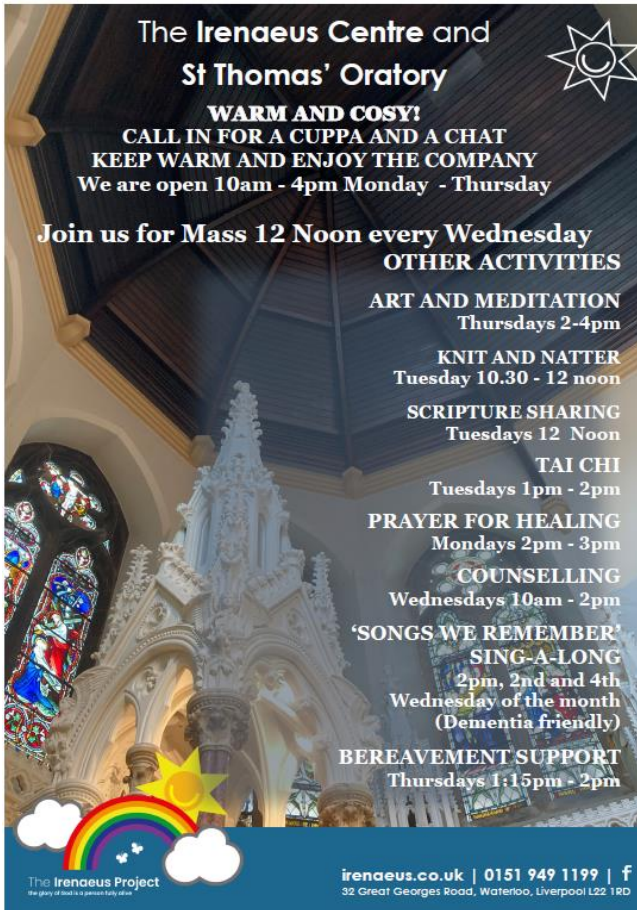
**Explore
life,
faith &
meaning**

Join us on 15 January for
an 11 week online course
Wednesdays from
6.45pm to 8pm

For more information,
email:
pd@rcaol.org.uk

alpha.org.uk

Try Alpha.



**The Ireneaeus Centre and
St Thomas' Oratory**

**WARM AND COSY!
CALL IN FOR A CUPPA AND A CHAT
KEEP WARM AND ENJOY THE COMPANY
We are open 10am - 4pm Monday - Thursday**

Join us for Mass 12 Noon every Wednesday

OTHER ACTIVITIES

- ART AND MEDITATION**
Thursdays 2-4pm
- KNIT AND NATTER**
Tuesday 10.30 - 12 noon
- SCRIPTURE SHARING**
Tuesdays 12 Noon
- TAI CHI**
Tuesdays 1pm - 2pm
- PRAYER FOR HEALING**
Mondays 2pm - 3pm
- COUNSELLING**
Wednesdays 10am - 2pm
- 'SONGS WE REMEMBER'
SING-A-LONG**
2pm, 2nd and 4th
Wednesday of the month
(Dementia friendly)
- BEREAVEMENT SUPPORT**
Thursdays 1:15pm - 2pm

The Ireneaeus Project
The glory of God is a person's joy

irenaeus.co.uk | 0151 949 1199 | f
32 Great Georges Road, Waterloo, Liverpool L22 1BD

Adventurous Accompaniment Workshop



Are you a DSC member, a chaplain or a catechist? Have you ever thought about how can you increase the awareness and confidence towards becoming an Adventurous Accompanier?

Through the journey of a 6-week programme, including 3 full-day workshops, you will not only explore the core principles of accompaniment but also go in-depth to embed those principles in practice. All costs of the programme will be covered by the Archdiocese. Please register online if you are interested. Sign up here:

<https://forms.office.com/e/bE7TndtW9p?origin=lprLink>



First Workshop

Saturday 7 February or Sunday 8 February

Second Workshop

Saturday 28 February or Sunday 1 March

Third Workshop

Saturday 21 March or Sunday 22 March

All **Saturday workshops** will take place at St Margaret Clitherow Centre, Liverpool L17 1AA (10.00 am – 2.00 pm). All **Sunday workshops** will take place at St Joseph's, Penketh, Warrington WA5 2BB (12.00 – 4.00 pm). For enquiries, please contact Moses Mui, Training Coordinator, at m.mui@rcaol.org.uk

Marriage Preparation Course



Are you planning to get married in the Catholic Church? Are you looking for some time out from the busy wedding planning, providing you and your partner with an opportunity to focus on your relationship and to learn more about each other?

The Archdiocese is now offering a marriage preparation course for engaged couples. The course will involve four sessions, meeting in a group with other couples. Led by trained lay facilitators, the course will help

couples to develop skills which could facilitate good communication within their relationship and an understanding of unconditional love. The next course will be available in April 2026:

Dates: Thursdays 30 April, 7 May, 14 May, 21 May
Time: 6.30 – 8.30 pm
Venue: St Agnes & St Aidan Church, Huyton, Liverpool L36 5SQ

There is a fee of £50 per couple to help towards materials and other expenses. Please book online here: <https://forms.office.com/e/hgy2JbUpY3?origin=lprLink>

For enquiries, please contact Moses Mui, Training Coordinator, at m.mui@rcaol.org.uk



MARRIAGE PREPARATION CATECHIST TRAINING

Would YOU like to help an engaged couple prepare for marriage?

The archdiocese is now recruiting catechists to join the marriage preparation team. Upon completion of training, the catechists will be asked to offer a marriage preparation course twice a year.

*"I encourage Christian communities to recognise the great benefit that they themselves receive from supporting engaged couples as they grow in love."
(Pope Francis, Amoris Laetitia 207).*

TRAINING SCHEDULE:
23 February, 2 March, 9 March, 16 March, 23 March
(All Mondays)
6:30pm – 8pm
St Monica's Church
Bootle, Liverpool
L20 9GA

Scan the QR code to sign up or visit the link below:
<https://bit.ly/4eTULoD>

For enquiries, please contact Moses Mui at m.mui@rcaol.org.uk



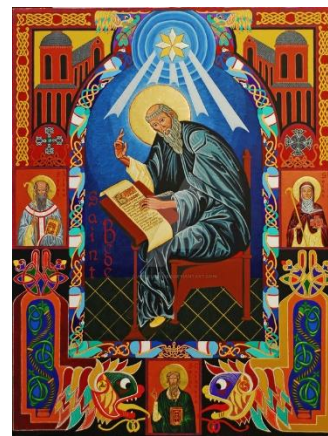
Lectio for Young Adults

Every Friday at St Vincent de Paul's Church, Liverpool L1 5JN, there is a "Lectio" prayer group for young adults. There is Mass at 6.00 pm, followed by a short time of sharing the Sunday readings at 6.30 pm. It's a friendly group and sometimes they also organise trips and retreats.

Follow this link to join my WhatsApp community: <https://chat.whatsapp.com/H7vBavJ4Jlm2spPNI9d2DT>

If you want more information, please contact James: djmoroney@cantab.net or 07546 667394.

In the Footsteps of St Bede



Pilgrimage to the North-East of England Northern Saints & Martyrs

(25-28 May 2026)

Fr Mark Drew and the Parish of St Peter and St Michael, Woolston, extend an invitation to join them on a Pilgrimage to the North-East to follow in the footsteps of some of our Northern Saints and to understand the historical impact they had on our faith. For more information, **please pick up a brochure from the back of church.** Spaces are limited so, if you are interested, please contact Christine Hyatt as soon as possible via email hyattchristine63@gmail.com or phone 07484 653046 to book your place. Total cost is £350 – a deposit of £40 is required early January.



Check out what's going on in the Archdiocese:

www.liverpoolcatholic.org.uk/events

Pastoral Development Newsletter:

www.liverpoolcatholic.org.uk/departments/pastoral-development

Liverpool Metropolitan Cathedral:

<https://liverpoolmetrocathedral.org.uk>

Irenaeus Centre for Spirituality:

www.irenaeus.co.uk

Animate Youth Ministries:

www.animateyouth.org

Catholic Church in England & Wales

www.cbcew.org.uk