

September '25

As we begin this month, all activities are resuming after the summer holidays, and the centre is once again vibrant with participation.

From the desk



We remain committed to supporting our parishes. If you are interested in inviting us to lead a series of talks, a Parish Mission, or retreat days, please don't hesitate to contact us.

Our regular weekly activities in the centre include Art and Meditation, Tai Chi, "Songs We Remember," and Gospel Sharing sessions. Additionally, we are offering a new Bereavement Training course, along with a Day of Renewal, Macmillan Coffee Morning, and Women's Weekend.

Detailed information can be found below, and everyone is welcome!

WHAT'S ON AT A GLANCE

SONGS WE REMEMBER

Wednesday 2pm - 4pm 10th & 24th September 25

BEREAVEMENT SUPPORT TRAINING

10am - 3pm Friday 12th September '25 at Irenaeus

SCRIPTURE MORNINGS

10:30 - 12 noon

24th September, 1st & 8th October,

MACMILLAN COFFEE MORNING

10:30 - 12noon Thursday 25th September '25

AGAPE MASS @ IRENAEUS

7pm 2nd October '25

COME AND SEE

10:30 - 4pm 4th October '25 with Fr. David O'Mally

DAY OF RENEWAL

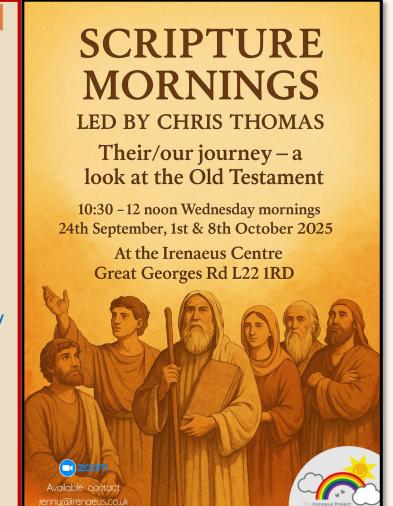
10am - 4pm 11th October '25 at Irenaeus

ARE YOU THIRSTY? COME TO THE WELL A WOMEN'S WEEKEND

Friday 17th - Sunday 19th October '25

Our 12 Noon Wednesday Celebrations of Mass have resumed.

For more information about all our events contact jenny@irenaeus.co.uk or Tel: 0151 949 1199





www.irenaeus.co.uk

32 Great Georges Road, Waterloo, Liverpool L22 1RD

Chris

07761 304 184

07815 171 734

Jenny (main office) 0151 949 1199 chris@irenaeus.co.uk moira@irenaeus.co.uk jenny@irenaeus.co.uk

Moíra's Meanderings



Life is very fragile and the death of a loved one can happen at any point, sometimes we have time to adjust, when a person has a life threatening disease, but sometimes as many of us have experienced, death can be sudden and it comes as a real shock.

The death of a loved one can affect us in many different ways. On 12th September we will be reflecting on the effects of the death of a loved one, stages of grief and how we can help those around us cope with grief. The day will include the importance of listening, Gerry Hughes SJ, when speaking about listening says

'The gift of being a good listener, a gift which requires constant practice, is perhaps the most healing gift anyone can possess, for it allows the other to be,

enfolds them in a safe place, does not judge or advise them, accepts them as they are without desiring to change them, and communicates support at a level deeper than words.' Why not joins us on our course, the information is on the poster below.



JOIN US FOR
OUR
COFFEE
MORNING

10:30am - 12 noon Thursday 25th September 2025 At the Irenaeus Centre Great Georges Rd. L22 1RD

Bake us a

Cake to share

or sell!



EUCHARISTIC MINISTRY TRAINING DAYS

We will be leading Eucharistic ministry training days at Irenaeus on 25th October 2025 & 14th March 2026

Parishes are invited to book places by emailing jenny@irenaeus.co.uk



GRIEF

Doug Manning in his book 'Don't Take My Breath Away' says

The pain of grief is the price we pay for love.

If we choose to love someone, we are choosing to be hurt. When we have to let go, that is what grief is about.'

Grieving is as natural as crying when you are hurt, sleeping when you are tired, eating when you are hungry or sneezing when your nose itches. It is nature's way of healing a broken heart.

WOMEN'S WEEKEND

Are you thirsty?



Come to the well

6pm Friday 17th October - 1pm Sunday 19th October 2025

At the Irenaeus Centre Great Georges Rd L22 1RD

Residential places available (book early)

RESIDENTIAL **NON-RESIDENTIAL WITH MEALS**

£95 £70

NON-RESIDENTIAL [SELF CATERING]

To book and for more information contact jenny@irenaeus.co.uk Tel:0151949 1199

COME AND SEE

'LORD TEACH US TO PRAY'

10:30 - 4pm 4th October '25

Keynote Speaker David O'Mally SDB



10:30 - 4pm 8th November '25

Keynote Speaker Maria Burgess

Bring a packed lunch

Suggested donation £10

For more information email jenny@irenaeus.co.uk

As a deer longs for flowing streams, so my soul longs for you, O God. My soul thirsts for God, for the living God. When shall I come and behold the face of God? (Psalm 42:1-2)

Paul Rietmann when reflecting on Psalm 42 and Contemplative prayer writes:

These verses from Psalm 42 beautifully express the longing we have for God. We long for God like a deer longs to drink from a flowing stream.

Our longing for God is a real spiritual thirst. We long to enter into God's presence and behold God face to face.

Richard Rohr writes that our longing for God is like a "homing device." It is an inner motivation or instinct which propels us on our spiritual journeys to seek union with God. Our longing moves us forward and guides us home into the holy presence of God. This longing reminds me of how birds instinctively know when, how and where to migrate. Salmon know how to swim back upstream to the headwaters of their birth. A similar spiritual process is going on inside our souls.

From where I sit on my chair each morning and evening, I nurture my longing for God through contemplative prayer. I express my longing. I let it flow in the silence of my heart. And I sense that my longing is bringing me home, closer to

God — day by day, step by step, sitting by sitting.



A CHARISMATIC DAY OF RENEWAL

A day of prayer, praise and Fellowship

A YEAR OF JUBILEE **HOPE FOR OUR WORLD**

Guest Speaker Abhy Thomas

Co-ordinator of the Charis National Service of Communion

Suggested donation £10 Bring a packed lunch

10am - 4pm 11th October 2025 At the Irenaeus Centre **Great Georges Rd L22 1RD**



The **Irenaeus Project**