

Irenaeus Newsletter



April 2024

From the desk



In the Gospels we often see Jesus touching that which was considered unclean by the Jewish religious authorities but more than that healing people's shame. Some psychologists say we are either shame based or guilt-based people; we carry the guilt that comes from doing something wrong or we have a deep sense of shame about who we are. What shame do you carry around within? What guilt fills your heart and mind? We've just celebrated Easter and the risen Jesus can free us from being shame based or guilt ridden so that we can live freely as the children of God. If we at Irenaeus can help you on your journey, then please don't hesitate to contact us or come to one of the events that we are running or just pop in and have a chat.

Chris

WHAT'S ON AT A GLANCE

HAND CRAFTED BIBLE EXHIBITION

10am - 4pm 15th - 18th April '24

COME AND SEE DAYS

10:30am - 4pm

4th May '24 & 1st June

CRAFT WORKSHOPS

13th May & 10th June '24

(booking essential)

SCRIPTURE MORNINGS

Into the belly of the whale

Reflecting on the book of Jonah

10:30-12 noon 16th, 23rd, 30th May & 6th June '24

AGAPE MASS

7pm 2nd May & 6th June '24

DAY OF RENEWAL

'Pour out your grace as at a new Pentecost'

10am - 4pm 11th May '24

WOMEN'S WEEKEND

'Mary in a Martha's world'

14th - 16th June '24

For more information about all our events contact
jenny@irenaeus.co.uk or Tel: 0151 949 1199

The Handcrafted Bible Exhibition

at the

Irenaeus Project

Great Georges Road, Waterloo, Liverpool L22 1RD

Monday 15th April - Thursday 18th April 2024

10am-4pm

Refreshments available

All
Welcome

We are back with
new friends—
come along and see
us we are waiting to
see you



For more information contact:

jenny@irenaeus.co.uk

Tel 0151 949 1199



www.irenaeus.co.uk

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Moira's



Over these past few weeks I have been reflecting on the power of the Holy Spirit in my life. When I look back over years I realise how much prayer groups and charismatic conferences have completely transformed my life. As a teenager I was involved in a 70 strong charismatic prayer group for young people and I also played my guitar for the adult group at West Park School. I hear from so many people how they used to be involved in various prayer groups and conferences across the archdiocese and how, as with me, it changed their lives. I wonder how many people reading this have felt the power of the Holy Spirit in their life? Why not join us for the day of renewal which is being held at Irenaeus on 11th May 2024. Michelle Moran is an amazing speaker, I am sure it will be a powerful day.

A CHARISMATIC DAY OF RENEWAL

A day of prayer, praise
and Fellowship

**POUR OUT
YOUR GRACE
AS AT A NEW
PENTECOST**

**Guest Speaker
Michelle Moran**

**10am – 4pm
11th MAY 2024**

Bring a packed lunch

Suggested donation £10

Organised by CHARIS Liverpool
For more information contact
moira@irenaeus.co.uk

**At the Irenaeus
Centre Great
Georges Rd
L22 1RD**

COME AND SEE

4th May 2024

**THE POWER
OF THE SACRAMENTS**

Led by Fr. Pat Collins



1st June 2024

**THE POWER
OF UNITY**

Led by John Bell

Suggested donation £10

**For more information contact
jenny@irenaeus.co.uk
or tel: 0151 949 1199**

Bring a packed lunch

Fr. Raniero Cantalamessa O.F.M.Cap, preacher of the Papal household said this, when speaking about Charismatic Renewal, 'I believe at this point it is clear why we say that the Charismatic Renewal is a current of grace for the whole Church. All that the word of God has revealed to us about the new life in Christ - a life lived according to the law of the Spirit, a life as sons and daughters of God, and a life under the Lordship of Christ - is nothing but the substance of Christian life and holiness. It is our baptismal life actualized in fullness, that is, not only thought and believed but lived and presented, and not only to a few privileged souls but to all the holy people of God.'

'I believe the Charismatic Renewal can be (and in part has been) a great help in making the great truths of faith go from being thought to being lived, in making the Holy Spirit move from books of theology to the experience of believers.'



EUCCHARISTIC MINISTRY TRAINING DAY 27th April 2024



**We will be leading a Eucharistic
ministry training day at Irenaeus.
Parishes are invited to book places
by emailing jenny@irenaeus.co.uk
or Tel: 0151 949 1199**

A WOMEN'S WEEKEND AT IRENAEUS

Mary in a world of Martha?



14th – 16th June 2024

Limited Residential places available For more information
At The Irenaeus Centre Contact
Great Georges Rd. jenny@irenaeus.co.uk
Waterloo, Liverpool L22 1RD. 0151 949 1199

Are we a Martha or a Mary?

Each of us needs to be both a Mary *and* a Martha. As disciples, we are called both to sit *and* to serve. We are called both to abide *and* to bear fruit. We sit and hear Jesus's word. We bow at his feet in worship. We kneel before him in prayer. In all these ways, we follow after Mary's example at the feet of Jesus. It is in this place that we find the discernment, clarity, wisdom, strength, and courage to bring Christ's loving presence into the world.

In our desire to follow God's call by serving him with everything we have, we can easily find ourselves overcommitted, "worried and troubled about many things." Distracted. In a culture that exalts multitasking and a "we-can-do-it-all" mentality, we have a teacher who invites us to learn his way and adopt his priorities.

Elder Michelle Christy. (definingword.org)



INTO THE BELLY OF THE WHALE



Reflections on the book of Jonah

10:30am – 12 noon Thursdays

16th, 23rd, 30th May & 6th June '24

At the Irenaeus Centre

Great Georges rd, Waterloo, Liverpool L22 1RD

Zoom links also available from

jenny@irenaeus.co.uk

SUPPORT FOR THE DIVORCED AND SEPARATED

The Restored Lives course is run over six weeks, one evening per week.

The talks cover the key issues to help you to move on and highlight the practical steps and tools to enable you to tackle the issues that arise from separation and divorce.

For more information
contact Maureen
07967753371



COUNSELLING AND BEREAVEMENT SUPPORT

Are you struggling with life? Do you need some support? We have trained counsellors who can help. Call in on a Wednesday morning to speak with someone.

The Irenaeus Centre and St Thomas' Oratory



WARM AND COSY!
CALL IN FOR A CUPPA AND A CHAT
KEEP WARM AND ENJOY THE COMPANY
We are open 10am - 4pm Monday - Thursday

Join us for Mass 12 Noon every Wednesday

OTHER ACTIVITIES

ART AND MEDITATION
Thursdays 2-4pm

KNIT AND NATTER
10.30 - 12 noon Tuesday

GODLY PLAY
Creative time of prayer
12 Noon Tuesday

TAI CHI
Tuesdays 1:15pm - 2pm

PRAYER FOR HEALING
Mondays 2pm - 3pm

COUNSELLING
Wednesdays 10am - 2pm

'SONGS WE REMEMBER'
SING-A-LONG
2pm 2nd and 4th
Wednesday of the month
(Dementia friendly)

BEREAVEMENT SUPPORT
Thursdays 1:15pm 2pm

